

# HEALTHY SOLUTIONS MEDICAL weight loss & spa

**Bert Morales, M.D.**

2003 Miccosukee Rd.  
Tallahassee, FL. 32308  
(850) 309-0356

*Please be advised that completing this preliminary health questionnaire does not establish a physician-patient relationship with this practice.*

*Dr. Morales and his medical staff will review your health history and conduct an initial evaluation to determine whether you are a suitable candidate and whether the practice will accept you as a patient.*

**PATIENT INFORMATION:** (PLEASE PRINT)

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: Zip: \_\_\_\_\_

Home Phone(\_\_\_\_) \_\_\_\_\_ Work(\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

\*\*I would like to receive email specials, recipes, and updates yes\_\_\_\_ No\_\_\_\_

Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Date of Last Physical: \_\_\_\_\_

Occupation: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION:**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Address: (If different from above) \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

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Name: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_\_

1. How old were you when you started gaining excessive weight? \_\_\_\_\_

2. Are you aware of any medical reasons for your weight gain? **Y / N**

3. Is your weight now stable? **Y / N** Are you continuing to gain weight? **Y / N**

4. What prior attempts have you made to lose weight? \_\_\_\_\_

a. What were the results? \_\_\_\_\_

5. What do you think will be the benefits of your weight loss? \_\_\_\_\_

6. **CURRENT WEIGHT:** \_\_\_\_\_ **GOAL WEIGHT:** \_\_\_\_\_ **HEIGHT:** \_\_\_\_\_

Are you taking any medications, herbal therapies, non-prescriptions drugs, etc: **Y / N**

If yes, list: \_\_\_\_\_

Do you have allergies to any medications? **Y / N** If yes, describe: \_\_\_\_\_

History of hypertension (high blood pressure)? **Y / N**

History of cardiovascular (heart or blood vessel) disease? **Y / N**

History of pulmonary (lung) disease or asthma? **Y / N**

History of diabetes? **Y / N** History of hypoglycemia? **Y / N** History of thyroid problems? **Y / N**

Have you ever had a problems with extreme nervousness, anxiety or panic attacks? **Y / N**

Have you ever had any weight loss surgery (liposuction, gastric banding/stapling, intestinal bypass)? **Y / N**

History of stomach or intestinal diseases or problems? **Y / N**

Have you ever taken/currently taking any of the following medications? (Circle all that apply):

Adipex                      Avelox                      Avert                      Balmamine                      Bontril Cafcit

Caffeine                      Dexidrine                      Mirapex                      Diet pills                      Effexor

Lamictal                      Meridia                      Zyprexa                      Noroxin                      Xenical

Ephedra                      Ionamin                      Tenuate                      Vospire

**Phendimetrazine      Phenmetrazine      Phentermine**

7. Do you take Ritalin, Adderall or any other stimulant therapies? **Y / N**

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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I \_\_\_\_\_, **understand, respect, and agree to**  
**the following TERMS AND CONDITIONS of this facility:**

1. **PAYMENT IN FULL** is expected at the time of your visit. We accept cash, check or credit card (Visa, MasterCard and Discover). On your first visit, we will ask for a copy of an ID card or Driver's License due to the many cases of identity theft and required for prescription reporting.
2. **RETURNED CHECKS** will incur a \$30.00 service charge. Credit card, cash, certified funds or a money order may be used to cover the amount of the check plus the \$30.00 service charge. The balance must be paid prior to receiving services from our staff or the physician. Stop payments constitute a breach of payment and are subject to the \$30.00 service fee and collections action. All bad checks written to this office are subject to collections and will be prosecuted.
3. **NO SHOW APPOINTMENTS:** Please be respectful of your appointment time. If you do not cancel/reschedule your appointment, **you are subject to a \$25.00 no show fee.**
4. **FORMS FEES:** Completing insurance medical need forms or letters, copying medical records, faxing documents, etc. requires office staff time away from patient care. We require pre-payment for completing forms, copying medical records, notarizing, and mailing. Base form charges are \$10 per occurrence. Copying fees for medical records is \$10 for the first twenty (20) pages and \$0.50 per page in excess of twenty. Please allow 5 business days for our staff to fulfill your request, and these 5 days will commence after payment for copying has been received and after patient has signed the form authorizing records' release.
5. Healthy Solutions Medical Weight Loss reserves the right to alter any fees for service at our discretion.
6. Healthy Solutions Medical Weight Loss reserves the right to decline lab panel and EKG report information from another vendor.
7. All information provided in this diet booklet is included with a patients initial visit fees. If a patient requires a supplementary diet booklet, a replacement copy can be provided at an additional cost.
8. **COLLECTION FEES:** I understand that in the event my account is placed in collection status, any additional fees incurred due to this, will be added to my outstanding balance. This includes, but is not limited to, late fees, collections agency fees, court costs, interest and fines. I understand that these fees will be my personal responsibility to pay in full.

**I HAVE READ AND UNDERSTAND HEALTHY SOLUTIONS' NOTICE OF PRIVACY PRACTICES AND THE TERMS AND CONDITIONS. I AGREE TO BE BOUND BY ITS TERMS. AT MY REQUEST, I WILL RECIEVE A COPY OF THE NOTICE OF PRIVACY PRACTICES.**

\_\_\_\_\_  
**Signature of Patient or patient representative**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed name of patient**